

**“Run with the Nuns” 5K**  
**Sunday, October 19, 2025**  
**Mount Assisi Campus- Lemont**  
[www.runwiththenuns.org](http://www.runwiththenuns.org)



Dear Friend of the School Sisters of St. Francis of Christ the King and Mount Assisi,

The Alumnae of Mount Assisi Academy and the School Sisters of St. Francis of Christ the King will be holding their Annual “Run with the Nuns” 5K on Sunday, October 19, 2025. **We are asking you to join other businesses in the community who have generously supported the Sisters and their ministries.**

Your support of this important event will positively impact the lives of the Sisters and the people they touch through their ministry. The Sisters have shared their commitment to the Gospel and the spreading of God’s Kingdom through various ministries among children, young adults, adults seeking to deepen their faith, and the elderly. Proceeds from the Run with the Nuns 5K are being used to help with technical support for the teaching activities of the Sisters, updated equipment in the Retreat Ministry and the planning of a future tutoring ministry on the hill. These funds are also available for religious education efforts, jail ministry and other ministries of the Sisters both on and off the Mount Assisi hill.


**Please consider generously supporting our “Run with the Nuns” 5K by:**

- \* **Sponsoring our event***
- \* **Donating an item or gift certificate to our raffle***
- \* **Donating to our swag bags***
- \* **Volunteering the day of the event***

**\*\* Please review our Sponsorship Opportunities.**

Please contact Bernadette Smigielski at 630-257-7844 ext. 223 or Carrie Peters at [carriepeters2@sbcglobal.net](mailto:carriepeters2@sbcglobal.net) for more information or if you have additional questions about supporting this fun and exciting event.

God bless you and thank you for your time and consideration.

  
Sr. Therese Ann Quigney  
Provincial  
School Sisters of St. Francis of Christ the King